

Major:

Athletic Training (B.S.)

Departments/Programs:

Health and Human Performance

Accreditation and Admission

The Athletic Training program leads to a Bachelor of Science degree with a major in Athletic Training. Students who wish to pursue this degree must be formally admitted to the program. This is a selective admissions program with a competitive admission process. Acceptance into the program is based on the admission material completed and submitted to the Program Director on or before March 15. To see all admissions requirements and to obtain admission materials, visit the [Athletic Training Program page](#).

The Nebraska Wesleyan University Athletic Training program is accredited by the [Commission on Accreditation of Athletic Training Education](#).

Mission Statement

The Athletic Training Program at Nebraska Wesleyan University prepares students for a career in athletic training by providing them the skills and knowledge to practice in a variety of settings while allowing opportunities for intellectual and personal growth within the framework of a liberal arts education.

Program Goals

NWU's Athletic Training Program will:

1. Provide students diverse classroom and clinical experiences that allow them to be active learners.
2. Prepare students to pass the BOC exam. (Our goal is to have at least an 80% first-time pass rate.)
3. Develop students who act as ethical and responsible athletic training professionals.

Learning Outcomes

Majors will be able to:

1. Demonstrate mastery of the knowledge, skills and abilities required of an entry-level athletic trainer.
2. Be prepared for employment in a variety of athletic training and healthcare settings.
3. Employ skills and communication techniques appropriate for serving diverse patient populations.
4. Recognize the importance of being involved in and network through professional organizations.
5. Value ethical principles and behavior required of a healthcare professional.

Athletic Training Major (B.S., 62 hours)

| Requirements | 61 hours |
|---|----------|
| BIO 1090 Introduction to Human Anatomy and Physiology I and BIO 1090L Introduction to Human Anatomy and Physiology I Laboratory | 4 hours |
| BIO 1100 Introduction to Human Anatomy and Physiology II and BIO 1100L Introduction to Human Anatomy and Physiology II Lab | 4 hours |
| PSYCH 2450 Health Psychology | 4 hours |
| AT 1270/HHP 1270 Advanced Emergency Care | 1 hour |
| AT 1300/HHP 1300 Prevention and Care of Athletic Injuries | 3 hours |

| Requirements | 61 hours |
|--|-----------------|
| AT 2010 Athletic Training Clinical Experience I | 2 hours |
| AT 2020 Athletic Training Clinical Experience II | 2 hours |
| AT 2400 Physical Exam of the Lower Extremity | 3 hours |
| AT 2410 Physical Exam of the Upper Extremity | 3 hours |
| AT 2450 Therapeutic Modalities of Athletic Injuries | 3 hours |
| AT 3010 Athletic Training Clinical Experience III | 2 hours |
| AT 3020 Athletic Training Clinical Experience IV | 2 hours |
| AT 3330 Health Assessment | 3 hours |
| AT 3600 Rehabilitation of Injuries | 3 hours |
| AT 4010 Athletic Training Clinical Experience V | 2 hours |
| AT 4020 Athletic Training Clinical Experience VI | 2 hours |
| AT 4350 Organization and Administration of Athletic Training | 3 hours |
| HHP 2010 Drugs in Modern Society | 3 hours |
| HHP 2500 Basic Human Nutrition | 2 hours |
| HHP 2650 Strength Training and Conditioning for Coaches | 2 hours |
| HHP 3850 Biomechanics and Kinesiology | 4 hours |
| HHP 4150 Physiology of Exercise | 4 hours |
| Capstone Course | 1 hour |
| AT 4990 Senior Capstone | 1 hour |