Nebraska Wesleyan University

Athletic Training (B.S.)

Catalog

2020-2021

Program Description

Accreditation and Admission

The Athletic Training program leads to a Bachelor of Science degree with a major in Athletic Training. Students who wish to pursue this degree must be formally admitted to the program. This is a selective admissions program with a competitive admission process. Acceptance into the program is based on the admission material completed and submitted to the Program Director on or before March 15. To see all admissions requirements and to obtain admission materials, visit the Athletic Training Program page.

The Nebraska Wesleyan University Athletic Training program is accredited by the Commission on Accreditation of Athletic Training Education.

Mission Statement

The Athletic Training Program at Nebraska Wesleyan University prepares students for a career in athletic training by providing them the skills and knowledge to practice in a variety of settings while allowing opportunities for intellectual and personal growth within the framework of a liberal arts education.

Program Goals

NWU's Athletic Training Program will:

1. Provide students diverse classroom and clinical experiences that allow them to be active learners.

2. Prepare students to pass the BOC exam. (Our goal is to have at least an 80% first-time pass rate.)

3. Develop students who act as ethical and responsible athletic training professionals.

Learning Outcomes
Majors will be able to:

1. Demonstrate mastery of the knowledge, skills and abilities required of an entry-level athletic trainer.
2. Be prepared for employment in a variety of athletic training and healthcare settings.
3. Employ skills and communication techniques appropriate for serving diverse patient populations.
4. Recognize the importance of being involved in and network through professional organizations.
5. Value ethical principles and behavior required of a healthcare professional.

Departments

1. Health and Human Performance

Athletic Training Major (B.S., 62 hours)

Requirements	61 hours
BIO 1090 Introduction to Human Anatomy and Physiology I and BIO 1090L Introduction to Human Anatomy and Physiology I Laboratory	4 hours

Requirements	61 hours
BIO 1100 Introduction to Human Anatomy and Physiology II and BIO 1100L Introduction to Human Anatomy and Physiology II Lab	4 hours
PSYCH 2450 Health Psychology	4 hours
AT 1270/HHP 1270 Advanced Emergency Care	1 hour
AT 1300/HHP 1300 Prevention and Care of Athletic Injuries	3 hours
AT 2010 Athletic Training Clinical Experience I	2 hours
AT 2020 Athletic Training Clinical Experience II	2 hours
AT 2400 Physical Exam of the Lower Extremity	3 hours
AT 2410 Physical Exam of the Upper Extremity	3 hours
AT 2450 Therapeutic Modalities of Athletic Injuries	3 hours
AT 3010 Athletic Training Clinical Experience III	2 hours
AT 3020 Athletic Training Clinical Experience IV	2 hours
AT 3330 Health Assessment	3 hours
AT 3600 Rehabilitation of Injuries	3 hours
AT 4010 Athletic Training Clinical Experience V	2 hours
AT 4020 Athletic Training Clinical Experience VI	2 hours
AT 4350 Organization and Administration of Athletic Training	3 hours
HHP 2010 Drugs in Modern Society	3 hours
HHP 2500 Basic Human Nutrition	2 hours
HHP 2650 Strength Training and Conditioning for Coaches	2 hours
HHP 3850 Biomechanics and Kinesiology	4 hours
HHP 4150 Physiology of Exercise	4 hours
Capstone Course	**1 hour**
AT 4990 Senior Capstone	1 hour