## **Nebraska Wesleyan University**

Catalog 2019-2020

Minor:

## **Exercise Science**

## Departments/Programs:

Health and Human Performance

## **Exercise Science Minor (17 hours)**

Requirements	17 hours
HHP 2500 Basic Human Nutrition	2 hours
HHP 3850 Biomechanics	3 hours
HHP 4150 Physiology of Exercise	4 hours
7 credit hours from courses below:	7 hours

- HHP 1270 Advanced Emergency Care
- HHP 1910 Medical Terminology
- HHP-2650
- HHP-2660
- HHP 2720 Introduction to Massage Therapy
- HHP 2800 Clinical Exercise Physiology
- HHP 3100 Worksite Health Promotion
- HHP 3120 Motor Learning and Control
- HHP 4800 Research and Statistical Methods
- HHP 4810 Senior Research
- HHP 4250 Exercise Testing and Programming