Nebraska Wesleyan University

HHP 2800 Cardiac Rehabilitation

Catalog

2019-2020

Course Description

A course designed to introduce students to clinical exercise. This course will involve learning basic cardiovascular physiology, the phases of cardiac rehabilitation, and appropriate exercise and testing procedures. Introduction to interpreting electrocardiograms and case-study analyses are also included.
Prerequisite(s): BIO 1090 Introduction to Human Anatomy and Physiology I and BIO 1100 Introduction to Human Anatomy and Physiology II.
(Normally offered each spring semester.)

Course Hours

2 hours

Departments

1. Health and Human Performance