## **Nebraska Wesleyan University**

Catalog 2018-2019

Minor:

## **Exercise Science**

## Departments/Programs:

Health and Human Performance

## **Exercise Science Minor (17 hours)**

| Requirements                       | 17 hours |
|------------------------------------|----------|
| HHP 2500 Basic Human Nutrition     | 2 hours  |
| HHP 3850 Biomechanics              | 3 hours  |
| HHP 4150 Physiology of Exercise    | 4 hours  |
| 7 credit hours from courses below: | 7 hours  |

- HHP 1270 Advanced Emergency CareHHP 1910 Medical Terminology
- HHP-2650
- HHP-2660
- HHP 2720 Introduction to Massage Therapy
- HHP 2800 Clinical Exercise Physiology
- HHP 3100 Worksite Health Promotion
- HHP 3120 Motor Learning and Control
- HHP-3800
- HHP-3810
- HHP 4250 Exercise Testing and Programming