

Minor:

## Exercise Science

Departments/Programs:

Health and Human Performance

### Exercise Science Minor (17 hours)

Requirements	17 hours
HHP 2500 Human Nutrition I	2 hours
HHP 3850 Biomechanics and Kinesiology	4 hours
HHP 4150 Physiology of Exercise	4 hours
7 credit hours from courses below:	7 hours
<ul style="list-style-type: none"><li>• HHP 1270 Advanced Emergency Care</li><li>• HHP 1910 Medical Terminology</li><li>• HHP 2650 Strength Training and Conditioning for Coaches</li><li>• HHP 2660 Personal Training</li><li>• HHP 2720 Introduction to Massage Therapy</li><li>• HHP 2800 Cardiac Rehabilitation</li><li>• HHP 3100 Worksite Health Promotion</li><li>• HHP 3120 Motor Learning and Control</li><li>• HHP 3800 Research and Statistical Methods - I</li><li>• HHP 3810 Research and Statistical Methods - II</li><li>• HHP 4250 Exercise Testing and Programming</li></ul>	