

Major:

Athletic Training (B.S.)

Departments/Programs:

Health and Human Performance

The Athletic Training program leads to a Bachelor of Science degree with a major in Athletic Training. Students who wish to pursue this degree must be formally admitted to the program. This is a selective admissions program with a competitive admission process. Acceptance into the program is based on the admission material completed and submitted to the Program Director on or before March 15. To see all admissions requirements and to obtain admission materials, visit the [Athletic Training Program page](#).

The Nebraska Wesleyan University Athletic Training program is accredited by the Commission on Accreditation of Athletic Training Education:

Commission on Accreditation of Athletic Training Education
6850 Austin Center Blvd, Suite 100
Austin, TX 78731-3184
512.733.9700
caate.net

A graduating athletic training major should:

1. Be able to demonstrate proficiency in the following nine content areas:
 - o Acute Care of Injuries and Illnesses
 - o Clinical Examination and Diagnosis
 - o Clinical Integration Proficiencies
 - o Evidenced-Based Practice
 - o Health Care Administration
 - o Professional Development and Responsibility
 - o Prevention and Health Promotion
 - o Psychosocial Strategies and Referral
 - o Therapeutic Interventions
2. Demonstrate practical application of knowledge in appropriately supervised clinical settings.
3. Fulfill the eligibility requirements to take the Board of Certification examination.

Athletic Training Major (B.S., 63 hours)

Requirements	
BIO 1090 Introduction to Human Anatomy and Physiology I and BIO 1090L Introduction to Human Anatomy and Physiology I Laboratory	4 hours
BIO 1100 Introduction to Human Anatomy and Physiology II and BIO 1100L Introduction to Human Anatomy and Physiology II Lab	4 hours
PSYCH 2450 Health Psychology	4 hours
AT 1270/HHP 1270 Advanced Emergency Care	1 hour
AT 1300/HHP 1300 Prevention and Care of Athletic Injuries	3 hours
AT 2010 Athletic Training Clinical Experience I	2 hours
AT 2020 Athletic Training Clinical Experience II	2 hours
AT 2400 Physical Exam of the Lower Extremity	3 hours
AT 2410 Physical Exam of the Upper Extremity	3 hours

Requirements	
AT 2450 Therapeutic Modalities of Athletic Injuries	3 hours
AT 3010 Athletic Training Clinical Experience III	2 hours
AT 3020 Athletic Training Clinical Experience IV	2 hours
AT 3330 Health Assessment	3 hours
AT 3600 Rehabilitation of Injuries	3 hours
AT 4010 Athletic Training Clinical Experience V	2 hours
AT 4020 Athletic Training Clinical Experience VI	2 hours
AT 4350 Organization and Administration of Athletic Training	3 hours
HHP 2010 Drugs in Modern Society	3 hours
HHP 2500 Human Nutrition I	2 hours
HHP 2650 Strength Training and Conditioning for Coaches	2 hours
HHP 3850 Biomechanics and Kinesiology	4 hours
HHP 4150 Physiology of Exercise	4 hours
Capstone Courses	
AT 4980 Professional Engagement/Capstone Seminar	2 hours
AT 4990 Senior Assessment and Comprehensive Exam	0 hours