

# Nebraska Wesleyan University

Catalog 2015-2016

Department/Program:

## Nursing (Undergraduate)

Majors, Minors & Degrees:

### Majors

Nursing (B.S.N.)

Nursing (Pre-Licensure)

The Nursing program at Nebraska Wesleyan University offers two paths toward a BSN. For students directly out of high school or without a R.N., a pre-licensure program is available in the College of Liberal Arts and Sciences. Adult student who hold a R.N. pursue the R.N.-B.S.N. program, offered through University College.

The Bachelor of Science in Nursing (BSN) degree program is accredited by the Accreditation Commission for Education in Nursing.

Accreditation Commission for Education in Nursing

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## Courses

### NURS 1910 Medical Terminology (1 hour)

This course focuses on the systematic approach to word building and term comprehension of medical terms. Includes definitions, spellings, pronunciations and common abbreviations of medical terms.

### NURS 2000 Foundations of Professional Nursing Practice (3 hours)

This course is designed as an introduction to the profession of nursing. Learning activities will include discussion of the history of nursing and relevance to the evolution of nursing as a profession. Professional communication, professional practices, technology, professional nursing concepts, and the nursing process will be explored. The American Nurses Association Code of Ethics and Scope and Standards will be reviewed in depth. Basic nursing skills will be introduced and students will demonstrate competency of basic nursing skills through practice and demonstration.

The course is offered during an 8-week period, which includes theory and laboratory experiences.

*Corequisite(s): [course=NURS-2710=I]*

*Prerequisite(s): Admission to pre-licensure program*

### NURS 2100 Pharmacology I (2 hours)

Evidence based pharmacotherapeutic aspects of nursing care are introduced. Emphasis is on principles of safe administration of medications and common uses for major drug classifications. The relationships among technology, economic, and regulatory forces as well as collaboration with the health care team are discussed. Ethical and cultural considerations are explored across the lifespan.

Course is over 8-week period.

*Co/Prerequisite(s): NURS 2710 Pathophysiology for Traditional BSN Students or permission from program director.*

### NURS 2110 Pharmacology II (2 hours)

A continuation of evidence based pharmacotherapeutic aspects of nursing care. Emphasis is on principles of safe administration of medications and common uses for major medication classifications. Ethical and cultural considerations across the life span are considered for each medication classification. Includes content and in-class learning activities with intravenous fluids, blood

administration and parental nutrition.

*Prerequisite(s): NURS 2000 Foundations of Professional Nursing Practice, NURS 2100 Pharmacology I, NURS 2180 Health Assessment for Traditional BSN Students, and NURS 2200 Medical-Surgical I.*

#### NURS 2180 Health Assessment for Pre-Licensure Students (3 hours)

This course is designed for first level students who have completed basic anatomy and physiology courses successfully. It contains the theories and skills necessary to collect a comprehensive health history as a holistic approach. Health History includes the interview with clients, psychosocial assessment, nutritional assessment, and assessment of sleep-wakefulness patterns. This course will introduce the student to assessment techniques such as inspection, palpation, percussion, and auscultation. Following the completion of this course the student will be able to perform a complete physical assessment starting from general assessment, to "head to toe" assessment.

The course is offered during an 8-week period, which includes theory and laboratory experiences.

Course enrollment limited to Pre-licensure BSN students.

*Prerequisite(s): Admission to the pre-licensure nursing program.*

#### NURS 2200 Medical-Surgical I (4 hours)

In this course, students will gain knowledge related to basic nursing skills to care for patients with stable disease processes in a variety of settings including hospitals, doctor's offices, clinics and nursing homes. Student will be introduced to delegation and priority setting for the baccalaureate prepared nurse. The learner will incorporate the nursing process and NANDA nursing diagnoses into the clinical setting in working with their assigned clients. Body systems covered include eyes, ears nose and throat; respiratory; cardiovascular; gastrointestinal; integumentary; genitourinary; and perioperative nursing.

The course is offered during an 8-week period, which includes theory and clinical experiences.

*Prerequisite(s): NURS 2000 Foundations of Professional Nursing Practice, and NURS 2100 Pharmacology I or permission from program director.*

*Corequisite(s): NURS 2180 Health Assessment for Traditional BSN Students, and NURS 2710 Pathophysiology for Traditional BSN Students*

#### NURS 2330 Health Assessment (3 hours)

An introduction to basic knowledge and skills necessary to obtain a detailed health assessment of individuals across the age continuum. The biological, sociological, and psychological aspects of human beings are addressed. Emphasis is placed on obtaining a systematic health history and physical exam using the techniques of inspection, palpation, percussion, and auscultation. Supervised laboratory and clinical allow the student the opportunity to practice the assessment skills introduced in class.

#### NURS 2350 Medical Surgical (MS) II (4 hours)

This course focuses on the provision of nursing care of the individual in post-acute phase of illness with an emphasis on optimization of health status, personal adaptation, and health care beliefs with individual factors within the environment. Clinical includes care of the individual in various care settings including skilled care settings, rehabilitation, and long-term-care. Body systems and disorders covered include chronicity, cardiovascular and peripheral vascular function; hematology and oncology disorders; respiratory; immunologic disorders; endocrine; gastric; kidney; neurologic. This course includes clinical and theory experiences.

*Prerequisite(s): NURS 2200 Medical-Surgical I*

#### NURS 2700 Mental Health (3 hours)

This course focuses on the provision of nursing care of individuals with acute and chronic mental health disturbances including family dynamics and societal implications. Includes clinical experiences in various behavioral health settings.

*Prerequisite(s): NURS 2180 Health Assessment for Traditional BSN Students, NURS 2110 Pharmacology II, and NURS 2350 Medical Surgical II.*

#### NURS 2710 Pathophysiology for Pre-Licensure Students (3 hours)

This course offers an exploration of selected pathophysiological processes in the human body that occur when a homeostatic imbalance related to internal or external factors across the lifespan is experienced. Internal or external factors may be genetics, culture, lifestyle, environment, and/or psychosocial in nature. The course will explore knowledge of the etiology and clinical manifestations of specific impaired health states. Course participants discover evidence in relation to pathophysiological processes and treatments. This course will introduce health policy in connection to select pathophysiological states for the health care provider and health care consumer. These principles will enable the learner to frame problems through the critical thinking process.

*Prerequisite(s): BIO 1090 Introduction to Human Anatomy and Physiology I, BIO 1100 Introduction to Human Anatomy and Physiology II, and NURS-1910.*

#### NURS 3010 Professional Communication (1 hour)

This course includes experiences and instruction that promote professional communication. Content includes correct utilization of the American Psychological Association (APA) style, construction of professional papers and emails, and using common presentation software. This course is designed to be taken either concurrently or before the first nursing course in which the student is enrolled at Nebraska Wesleyan University.

#### NURS 3040 Global Health (3 hours)

This course explores health with an emphasis on global issues. Health will be examined using the influence of social, political, economic, cultural, and geographical factors. Students will examine the basic health needs of all people and compare the availability of and types of services in different parts of the world.

*Prerequisite(s): NURS 2000 Foundations of Professional Nursing Practice*

#### NURS 3050 Issues of Professional Nursing Practice (3 hours)

This course introduces professional nursing concepts, competencies, and issues in the context of the history of nursing's scope of practice within the collaborative environment of the U.S. Health Care System.

Course is over 8-week period.

#### NURS 3310 Nursing Theories (3 hours)

This course introduces the student to nursing theories as the foundation for nursing practice. The development of nursing theory and the relationship of theory to nursing research and nursing practice are examined. Various nursing theories are evaluated for utility in nursing practice with an increasingly diverse patient population. Technology is utilized to facilitate information retrieval and scholarship dissemination. Course is over 8-week period.

*Prerequisite(s): Admission to RN-BSN program or admission to pre-licensure BSN program with all second year courses completed.*

#### NURS 3340 Health Care Ethics (3 hours)

This introduction to the study of ethics uses primary sources for the analysis of present day ethical dilemmas in health care. The course examines some of the prominent moral principles and systems of the western tradition from Aristotle to the present and how those principles are applied to issues in health care ethics.

Course is over 8-week period.

*Prerequisite(s): Admission to RN-BSN program or admission to pre-licensure BSN program with all second year courses completed.*

#### NURS 3360 Introduction to Nursing Research and Evidence Based Practice (4 hours)

This course provides an introduction to the research process and prepares students to be beginning consumers of nursing research. Emphasis is placed on critically evaluating nursing research studies and understanding the process of utilizing research for evidence-based practice. Various types of research and research methods as well as basic statistical methods will be discussed.

*Preerequisite(s): Admission to the B.S.N. program.*

*Pre or corequisite(s): Statistics course.*

#### NURS 4200 Nursing in the 21st Century: Current Topics (3 hours)

This course requires students to develop an in-depth understanding of a current topic/issue in nursing and form recommendations for changes in nursing practice related to this topic/issue. Students will be required to evaluate all facets of the health care topic/issue chosen including but not limited to health care policy, finance, patient preference, and evidence-based practice recommendations.

*Prerequisite(s): NURS 2330 Health Assessment, NURS 3040 Global Health, NURS 3050 Leadership and Issues in Professional Nursing Practice, NURS 3310 Nursing Theories and Contemporary Nursing Practice, NURS 3340 Health Care Ethics, and NURS 3360 Introduction to Nursing Research and Evidence Based Practice.*

#### NURS 4400 Management and Leadership in Health Care (4 hours)

This course assumes the student possesses basic leadership and management skills, and further examines the role of the baccalaureate nurse as a manager in health care organizations. The roles of the nurse manager are analyzed for each of the management functions: planning, organizing, directing, and controlling. External factors influencing the nurse manager are also examined. Students are able to select their clinical experience in management from a variety of health care organizations and settings.

3 hours lecture; 1 hour clinical.

*Pre or corequisite(s): NURS 3050 Leadership and Issues in Professional Nursing Practice and NURS 3310 Nursing Theories and Contemporary Nursing Practice or permission of the instructor or the Nursing Program Director.*

#### **NURS 4460 Community Health Nursing (4 hours)**

This course focuses on nursing care on the application of community health nursing concepts with individuals, families, groups, and populations. Emphasis is placed on applying the nursing process to problems of persons from a variety of cultural groups and to those with developmental and situational crises. In the clinical setting, students work with persons across the age span and in various community settings to assess and identify real and potential health risks, as well as implement health promotion and disease prevention interventions.

*Prerequisite(s): NURS 2330 Health Assessment, NURS-3010, NURS 3050 Leadership and Issues in Professional Nursing Practice, NURS 3310 Nursing Theories and Contemporary Nursing Practice, NURS 3340 Health Care Ethics, NURS 3360 Introduction to Nursing Research and Evidence Based Practice, NURS 4400 Management and Leadership in Health Care, and PSYCH 2350 Lifespan Development or other approved lifespan course.*

#### **NURS 4460L Community Health Nursing Clinical (2 hours)**

This course focuses on the application of community health nursing concepts with individuals, families, groups, and populations. Emphasis is placed on applying the nursing process to problems of persons from a variety of cultural groups and to those with developmental and situational crises. In the clinical setting, students work with persons throughout the age span and in a variety of community settings.

*Corequisite(s): NURS 4460 Community Health Nursing.*

#### **NURS 4900 Selected Topics (1-4 hours)**

This is a topical course designed to investigate relevant subject matter not included in any standard courses. The title and the content will be determined by current mutual interests of students and faculty. This course may be offered to meet a requirement for a major only by approval of the department chair.

#### **NURS 4960 Special Projects (1-3 hours)**

Supervised individual projects in conjunction with departmental research and student interest. Special Projects may not duplicate courses described in the catalog.

*Prerequisite(s): Approval of the instructor.*

#### **NURS 4970 Internship (1-8 hours)**

This course provides experiences in a clinical setting with a focus of continuity of care involving collaboration with multidisciplinary providers. Clinical includes weekly seminars for synthesis and sharing of experiences.

Course is over 8-week period.

*Prerequisite(s): Completion of all nursing program courses except NCLEX prep course.*