

Minor:

Exercise Science

Departments/Programs:

Health and Human Performance

Exercise Science Minor (17 hours)

| Requirements | 17 hours |
|---|----------|
| HHP 2500 Human Nutrition I | 2 hours |
| HHP 3850 Biomechanics and Kinesiology | 4 hours |
| HHP 4150 Physiology of Exercise | 4 hours |
| 7 credit hours from courses below: | 7 hours |
| <ul style="list-style-type: none">• HHP 1270 Advanced Emergency Care• HHP 2330 Medical Terminology• HHP 2650 Strength Training and Conditioning for Coaches• HHP 2660 Personal Training• HHP 2720 Introduction to Massage Therapy• HHP 2800 Cardiac Rehabilitation• HHP 3100 Worksite Health Promotion• HHP 3120 Motor Learning and Control• HHP 3800 Research and Statistical Methods - I• HHP 3810 Research and Statistical Methods - II• HHP 4250 Exercise Testing and Programming | |