**Nebraska Wesleyan University**

# HHP 2640 Positive Psychology

## Catalog

2014-2015

## Course Description

This course examines the theories, variables, models, and communication processes occurring in the context of formal and informal groups and teams. You will focus on understanding the leadership process within groups and teams, describe the factors that affect the performance of both groups and teams, and analyze communication functions that affect group members and the outcomes of group processes. The course is designed to also develop competent participation in and facilitation of group and team processes.

## Course Hours

2 hours

## Departments

1. Health and Human Performance