

Minor:

Exercise Science

Departments/Programs:
Health and Human Performance

Exercise Science Minor (18 hours)

Courses	
Required Courses	11 hours
<ul style="list-style-type: none">• HHP-3010• HHP 3850 Biomechanics• HHP 4150 Physiology of Exercise	
7 credit hours from courses below:	7 hours
<ul style="list-style-type: none">• HHP 1270 Advanced Emergency Care• HHP-2330• HHP-2650• HHP-2660• HHP 2720 Introduction to Massage Therapy• HHP 2800 Cardiac Rehabilitation• HHP 3100 Worksite Health Promotion• HHP 3120 Motor Learning and Control• HHP-3800• HHP-3810• HHP 4250 Exercise Testing and Programming	