

**Nebraska Wesleyan University**  
 Catalog 2015-2016

Major:

**Physical Education (B.S.)**

Departments/Programs:

Education (Undergraduate)  
 Health and Human Performance

**Physical Education Major (38-40 hours)**

Courses	
Students select this major if they are seeking a Subject Endorsement in Physical Education for Grades K-6 or 7-12	
BIO 1090 Introduction to Human Anatomy and Physiology I	3 hours
BIO 1100 Introduction to Human Anatomy and Physiology II	3 hours
HHP 1040 Weight Training (7-12 endorsement only)	1 hour
HHP 1140 Swimming	1-2 hours
HHP 1160 Fitness Swimming	
HHP 1210 Lifeguard Training/Head Lifeguard	
HHP 1270 Advanced Emergency Care	1 hour
HHP-1310	HHP-1310
HHP-1330	HHP-1330
HHP 3120 Motor Learning and Control	3 hours
HHP 3850 Biomechanics and Kinesiology	4 hours
HHP 4150 Physiology of Exercise	4 hours
HHP 3500 Elementary PE Methods or HHP 3600 Secondary PE Methods	3 hours
HHP 3650 Adapted Physical Education	3 hours
<b>Senior Comprehensive:</b>	
EDUC 4990 Student Teaching Seminar (1 hour) and HHP 4990 Senior Capstone (0 hours)	1 hour

Admission into the Education Department and additional Education Departmental coursework is required. This subject endorsement is designed to prepare students for the teaching profession in Physical Education. With the addition of approximately 37 hours of education requirements, the student will be eligible for a Nebraska Teaching Certificate.