Nebraska Wesleyan University

THTRE 2400 Movement for the Actor

Catalog

2015-2016

Course Description

Movement for the Actor will deal with techniques for freeing the actor's body, external character development, awareness of physical habits, the actor's physical health, and listening to body language. Physical assessment coupled with habit modification and intellectual choice of body movement will place the actor in a more "neutral" zone and allow her/him to play more varied roles on stage and off. Improvisation, exercise, music/movement, and elements of Alexander Technique will be explored. May be repeated for credit up to 6 times for Theatre Arts majors and up to 3 times for Theatre Arts minors.

Course Hours

3 hours

Departments

1. Theatre