

**Course:**

**HHP 4980 Capstone Seminar in Health and Human Performance**

**2 hours**

**Majors, Minors & Degrees:**

**Majors**

Exercise Science (B.S.)

Health and Fitness Studies (B.S.)

Sport Management (B.S.)

**Departments/Programs:**

Health and Human Performance

A course designed as a capstone experience for students interested in the field of health and human performance. This will be an opportunity for students to examine previous coursework and discuss its practical application to their chosen career. Topics to be covered are: philosophy, cover letter and resume writing, personal statement writing, applications for graduate school and/or job applications, and interviewing. Students will also assess their undergraduate educational experience including general education major and minor.

*Prerequisite(s): Junior or senior standing and a departmental major, or permission of the instructor.*  
(Normally offered each semester.)