Nebraska Wesleyan University

Physical Education (B.S.)

Catalog

2014-2015

Departments

1. Health and Human Performance

Physical Education Major (38-40 hours)

Courses	
Students select this major if they are seeking a Subject Endorsement in Physical Education for Grades K-6 or 7-12	
BIO 1090 Human Anatomy and Physiology	3 hours
BIO 1100 Human Anatomy and Physiology	3 hours
HHP 1040 Weight Training (7-12 endorsement only)	1 hour
HHP 1140 Swimming HHP 1160 Fitness Swimming HHP 1210 Lifeguard Training/Head Lifeguard	1-2 hours
HHP 1270 Advanced Emergency Care	1 hour
HHP 1310 Foundations	2 hours
HHP 1330 Basic Instruction Block	3 hours
HHP 3120 Motor Learning and Control	3 hours
HHP 3850 Biomechanics and Kinesiology	4 hours
HHP 4150 Physiology of Exercise	4 hours
HHP 3500 Planning and Implementing Elementary Physical Education Programs or HHP 3600 Planning and Implementing 7-12 Physical Education Programs	3 hours
HHP 3650 Planning and Implementing Adapted Physical Education Programs	3 hours

Senior Comprehensive:	1 hour
EDUC 4990 Student Teaching Seminar (1 hour) and HHP 4990 Senior Assessment and Comprehensive Exam (0 hours)	1 hour

Admission into the Education Department and additional Education Departmental coursework is required. This subject endorsement is designed to prepare students for the teaching profession in Physical Education. With the addition of approximately 37 hours of education requirements, the student will be eligible for a Nebraska Teaching Certificate.