

## HHP 2800 Cardiac Rehabilitation

2 hours

### Majors, Minors & Degrees:

#### **Majors**

Exercise Science (B.S.)

Health and Fitness Studies (B.S.)

#### **Minors**

Exercise Science

### Departments/Programs:

Health and Human Performance

A course designed to introduce students to clinical exercise. This course will involve learning basic cardiovascular physiology, the phases of cardiac rehabilitation, and appropriate exercise and testing procedures. Introduction to interpreting electrocardiograms and case-study analyses are also included.

*Prerequisite(s): BIO 1090 Introduction to Human Anatomy and Physiology I and BIO 1100 Introduction to Human Anatomy and Physiology II.*

(Normally offered each spring semester.)