

Minor:

Health and Fitness Studies

Departments/Programs:
Health and Human Performance

Health and Fitness Studies Minor (18 hours)

| Courses | |
|---|---------|
| Required Courses: | 9 hours |
| <ul style="list-style-type: none">• HHP-100• HHP-101• HHP-106• HHP-166 | |
| Select 9 hours from the following courses: | 9 hours |
| <ul style="list-style-type: none">• HHP-102• HHP-103• HHP-104• HHP-165• HHP-172• HHP-210• HHP-220 | |
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