

Minor:

## Coaching

Departments/Programs:

Health and Human Performance

### Coaching Minor (21-23 hours)

Courses	
EDUC 185 Education in a Pluralistic Society	3 hours
HHP 106 Advanced Emergency Care	1 hour
HHP 275 Sport and Exercise Psychology	2 hours
Select three of the following:	
<ul style="list-style-type: none"><li>• HHP 076 Sports Studies - An Introduction to Football</li><li>• HHP 077 Sports Studies - An Introduction to Volleyball</li><li>• HHP 078 Sports Studies - An Introduction to Basketball</li><li>• HHP 079 Sports Studies - An Introduction to Baseball/Softball</li><li>• HHP 080 Sports Studies - An Introduction to Soccer</li><li>• HHP 081 Sports Studies - An Introduction to Track/Cross Country</li></ul>	6 hours
HHP 150 Introduction to Coaching Theory	2 hours
HHP 200 Coaching Practicum	3 hours
Select 2 from the following:	
<ul style="list-style-type: none"><li>• HHP 165 Strength Training and Conditioning</li><li>• HHP 170 Sport Law 1</li><li>• HHP 171 Sport Law II</li><li>• HHP 240 Administration and Human Resource Management</li><li>• HHP 276 Socio-Cultural Aspects of Sport</li></ul>	4-6 hours