Nebraska Wesleyan University

Coaching

Catalog

2013-2014

Departments

1. Health and Human Performance

Coaching Minor (21-23 hours)

Courses	
EDUC 185 Education in a Pluralistic Society	3 hours
HHP 106 Advanced Emergency Care	1 hour
HHP 275 Sport and Exercise Psychology	2 hours
Select three of the following: • HHP 076 Sports Studies - An Introduction to Football • HHP 077 Sports Studies - An Introduction to Volleyball • HHP 078 Sports Studies - An Introduction to Basketball • HHP 079 Sports Studies - An Introduction to Baseball/Softball • HHP 080 Sports Studies - An Introduction to Soccer • HHP 081 Sports Studies - An Introduction to Track/Cross Country	6 hours
HHP 150 Introduction to Coaching Theory	2 hours
HHP 200 Coaching Practicum	3 hours
Select 2 from the following: • HHP 165 Strength Training and Conditioning • HHP 170 Sport Law 1 • HHP 171 Sport Law II • HHP 240 Administration and Human Resource Management • HHP 276 Socio-Cultural Aspects of Sport	4-6 hours