Nebraska Wesleyan University

Physical Education (B.S.)

Catalog

2013-2014

Departments

1. Health and Human Performance

Physical Education Major (38-40 hours)

Courses	
Students select this major if they are seeking a Subject Endorsement in Physical Education for Grades K-6 or 7-12	
BIO 009 Human Anatomy and Physiology	4 hours
BIO 010 Human Anatomy and Physiology	4 hours
HHP 033 Fitness Swimming HHP 042 Swimming HHP 133 Lifeguard Training/Head Lifeguard	1-2 hours
HHP 034 Weight Training (7-12 endorsement only)	1 hour
HHP 106 Advanced Emergency Care	1 hour
HHP 131 Introduction to the Health and Physical Education Profession	1 hour
HHP 135 Basic Instruction Block	3 hours
HHP 185 Motor Learning and Control	3 hours
HHP 211 Biomechanics and Kinesiology	4 hours
HHP 215 Physiology of Exercise	4 hours
HHP 250 Planning and Implementing Elementary Physical Education Programs (K-6) or HHP 260 Planning and Implementing Middle and Secondary Physical Education Programs (7-12)	3 hours 3 hours
HHP 265 Planning and Implementing Adapted Physical Education Programs	3 hours

Senior Comprehensive:	1 hour
EDUC 299 Student Teaching Seminar (1 hr.) and HHP 299 Senior Comprehensive Examination (0 hrs.)	

Admission into the Education Department and additional Education Departmental coursework is required. This subject endorsement is designed to prepare students for the teaching profession in Physical Education. With the addition of approximately 37 hours of education requirements, the student will be eligible for a Nebraska Teaching Certificate.