Nebraska Wesleyan University

AT 145 Therapeutic Modalities of Athletic Injuries

Catalog

2013-2014

Course Description

This course is designed to provide an overview of the theory, application, and knowledge necessary to provide modalities to the physically active population. The use of heat, cold, electrical, and mechanical treatments will be explored.

Includes one 1-hour lab per week.

Prerequisite(s): AT 105 Prevention and Care of Athletic Injuries, AT 106 Advanced Emergency Care, AT 140 Physical Exam of the Lower Extremity, and permission of the instructor.

Course Hours

3 hours

Departments

1. Health and Human Performance