Nebraska Wesleyan University

PSYCH 115 Introduction to Counseling Skills

Catalog

2013-2014

Course Description

A practical introduction to the skills and techniques of counseling in a variety of human service settings. Emphasis is on skill development and application. Includes an overview of different counseling methods and exposure to individuals using these methods in the helping professions.

Prerequisite(s): PSYCH 101 Introduction to Psychological Science or permission of the instructor.

Course Hours

3 hours

Departments

1. Psychology