## **Nebraska Wesleyan University**

Catalog 2013-2014

# **HHP 211 Biomechanics and Kinesiology**

4 hours

### Majors, Minors & Degrees:

#### **Majors**

Athletic Training (B.S.) Exercise Science (B.S.) Health and Fitness Studies (B.S.) Health and Physical Education (B.S.) Physical Education (B.S.)

#### **Minors**

**Exercise Science** 

### Departments/Programs:

Health and Human Performance

A course that integrates the fields of Kinesiology and Biomechanics to improve students' understanding of human movement from a qualitative perspective. Detailed analysis of human movement will be made.

Prerequisite(s): BIO-009 and junior standing.

(Normally offered each spring semester.)