Nebraska Wesleyan University

HHP 180 Cardiac Rehabilitation

Catalog

2013-2014

Course Description

A course designed to introduce students to clinical exercise. This course will involve learning basic cardiovascular physiology, the phases of cardiac rehabilitation, and appropriate exercise and testing procedures. Introduction to interpreting electrocardiograms and case-study analyses are also included.

Prerequisite(s): BIO 009 Human Anatomy and Physiology and BIO 010 Human Anatomy and Physiology.

(Normally offered each spring semester.)

Course Hours

2 hours

Departments

1. Health and Human Performance