## **Nebraska Wesleyan University**

Catalog 2013-2014

## **HHP 042 Swimming**

1 hours

Majors, Minors & Degrees:

## Majors

Health and Physical Education (B.S.) Physical Education (B.S.)

## Departments/Programs:

Health and Human Performance

A course designed to teach the fundamental skills of water exploration, primary swimming skills, stroke readiness, and stroke development.

Pass/Fail only.