

## PSYCH 135 Lifespan Development

3 hours

Majors, Minors & Degrees:

**Majors**

Exercise Science (B.S.)

Departments/Programs:

Psychology

This class will provide a perspective on the changes that take place during an individual's life from infancy to old age/death. Participants will study and describe the developing person at different periods in the lifespan. The processes of growth and change taking place in early, middle, and late adulthood will be considered as well as the more traditional concern with development in childhood.