## Nebraska Wesleyan University

Catalog 2012-2013

Minor:

## **Health and Fitness Studies**

## Departments/Programs: Health and Human Performance

## **Health and Fitness Studies Minor (18 hours)**

Required Courses:	Courses	
<ul> <li>HHP-101</li> <li>HHP-106</li> <li>HHP-166</li> </ul> Select 9 hours from the following courses: <ul> <li>HHP-102</li> <li>HHP-103</li> <li>HHP-104</li> <li>HHP-165</li> <li>HHP-172</li> <li>HHP-210</li> </ul>	Required Courses:	9 hours
<ul> <li>HHP-106</li> <li>HHP-166</li> </ul> Select 9 hours from the following courses: <ul> <li>HHP-102</li> <li>HHP-103</li> <li>HHP-104</li> <li>HHP-165</li> <li>HHP-172</li> <li>HHP-210</li> </ul>	• HHP-100	
<ul> <li>HHP-166</li> <li>Select 9 hours from the following courses:</li> <li>HHP-102</li> <li>HHP-103</li> <li>HHP-104</li> <li>HHP-165</li> <li>HHP-172</li> <li>HHP-210</li> </ul>	• HHP-101	
Select 9 hours from the following courses:  • HHP-102 • HHP-103 • HHP-104 • HHP-165 • HHP-172 • HHP-210	• HHP-106	
<ul> <li>HHP-102</li> <li>HHP-103</li> <li>HHP-104</li> <li>HHP-165</li> <li>HHP-172</li> <li>HHP-210</li> </ul>	• HHP-166	
<ul> <li>HHP-103</li> <li>HHP-104</li> <li>HHP-165</li> <li>HHP-172</li> <li>HHP-210</li> </ul>	Select 9 hours from the following courses:	9 hours
<ul> <li>HHP-104</li> <li>HHP-165</li> <li>HHP-172</li> <li>HHP-210</li> </ul>	• HHP-102	
<ul><li>HHP-165</li><li>HHP-172</li><li>HHP-210</li></ul>	• HHP-103	
<ul><li>HHP-172</li><li>HHP-210</li></ul>	• HHP-104	
• HHP-210	• HHP-165	
	• HHP-172	
• HHP-220	• HHP-210	
	• HHP-220	