

Minor:

Health and Fitness Studies

Departments/Programs:
Health and Human Performance

Health and Fitness Studies Minor (18 hours)

Courses	
Required Courses:	9 hours
<ul style="list-style-type: none">• HHP-100• HHP-101• HHP-106• HHP-166	
Select 9 hours from the following courses:	9 hours
<ul style="list-style-type: none">• HHP-102• HHP-103• HHP-104• HHP-165• HHP-172• HHP-210• HHP-220	