

**Major:**

## **Athletic Training (B.S.)**

**Departments/Programs:**

Health and Human Performance

**Admission Standards for the Athletic Training Education Program:**

Due to the nature of the athletic training major, students who wish to pursue the Bachelor of Science in Athletic Training degree must be formally admitted to the program. This is a selective admissions program, which limits acceptance to 12 students per year. Acceptance into the program is based on the admission material completed and turned in to the Program Director on April 1. To see all admissions requirements and to obtain admission materials, visit the [Athletic Training Education Program](#) page.

The B.S. in Athletic Training is accredited by the Commission on Accreditation of Athletic Training Education:

Commission on Accreditation of Athletic Training Education  
2201 Double Creek Dr., Suite 5006  
Round Rock, TX 78664  
512.733.9700  
[www.caate.net](http://www.caate.net)

A graduating athletic training major should:

1. Be able to demonstrate proficiency in the following 12 content areas as defined by the National Athletic Trainers Association Educational Council:
  - o Risk Management and Injury Prevention
  - o Pathology of Injuries and Illnesses
  - o Orthopedic Clinical Examination and Diagnosis
  - o Medical Conditions and Disabilities
  - o Acute Care of Injuries and Illnesses
  - o Therapeutic Modalities
  - o Conditioning and Rehabilitative Exercise
  - o Pharmacology
  - o Psychosocial Intervention and Referral
  - o Nutritional Aspects of Injuries and Illnesses
  - o Health Care Administration
  - o Professional Development and Responsibility
2. Fulfill the eligibility requirements to sit for the Board of Certification examination.
3. Demonstrate practical application of knowledge in an appropriately supervised organizational setting.

## **Athletic Training Major (B.S., 64 hours)**

Courses	
BIO 009 Human Anatomy and Physiology	4 hours
BIO 010 Human Anatomy and Physiology	4 hours
PSYCH 118 Health Psychology	4 hours
AT 101 Clinical Experience I	2 hours
AT 102 Clinical Experience II	2 hours
AT 105 Prevention and Care of Athletic Injuries or HHP 105 Prevention and Care of Athletic Injuries	3 hours
AT 106 Advanced Emergency Care or HHP 106 Advanced Emergency Care	2 hours

Courses	
AT 140 Physical Exam of the Lower Extremity in Athletic Training	3 hours
AT 141 Physical Exam of the Upper Extremity in Athletic Training	3 hours
AT 145 Therapeutic Modalities of Athletic Injuries	3 hours
AT 160 Rehabilitation of Athletic Injuries	3 hours
AT 163 Clinical Experience III	2 hours
AT 164 Clinical Experience IV	2 hours
AT 205 Clinical Experience V	2 hours
AT 206 Clinical Experience VI	2 hours
AT 233 Health Assessment	3 hours
AT 235 Organization and Administration of Athletic Training	3 hours
HHP 100 Drugs in Modern Society	3 hours
HHP 101 Nutrition	3 hours
HHP 165 Strength Training and Conditioning	2 hours
HHP 211 Biomechanics and Kinesiology	4 hours
HHP 215 Physiology of Exercise	4 hours
Senior Comprehensive:	
AT 298 Capstone Seminar in Health and Human Performance	2 hours
AT 299 Senior Comprehensive Examination	0 hours