

## HHP 211 Biomechanics and Kinesiology

4 hours

### Majors, Minors & Degrees:

#### **Majors**

Athletic Training (B.S.)

Exercise Science (B.S.)

Health and Fitness Studies (B.S.)

Health and Physical Education (B.S.)

Physical Education (B.S.)

#### **Minors**

Exercise Science

### Departments/Programs:

Health and Human Performance

A course that integrates the fields of Kinesiology and Biomechanics to improve students' understanding of human movement from a qualitative perspective. Detailed analysis of human movement will be made.

*Prerequisite(s): BIO-009 and junior standing.*

(Normally offered each spring semester.)