

## HHP 180 Cardiac Rehabilitation

2 hours

Majors, Minors & Degrees:

**Majors**

Exercise Science (B.S.)

Health and Fitness Studies (B.S.)

**Minors**

Exercise Science

Departments/Programs:

Health and Human Performance

A course designed to introduce students to clinical exercise. This course will involve learning basic cardiovascular physiology, the phases of cardiac rehabilitation, and appropriate exercise and testing procedures. Introduction to interpreting electrocardiograms and case-study analyses are also included.

*Prerequisite(s): BIO-009 and BIO-010.*

(Normally offered each spring semester.)