

**Course:**

**HHP 103 Understanding Human Sexuality**

**3 hours**

**Majors, Minors & Degrees:**

**Majors**

Health and Fitness Studies (B.S.)

Health and Physical Education (B.S.)

**Minors**

Health and Fitness Studies

**Departments/Programs:**

Health and Human Performance

A course designed to develop and expand current information about human sexuality in a practical manner. The course will present facts and statistics about anatomy and physiology, gender, sexual orientation, reproduction, sexually transmitted infections, contraception, sexual growth and development, relationships and sexual communication, sexual health, commercialization of sex and sexual coercion.

*Prerequisite(s): HHP 015 Health and Wellness.*

(Normally offered each spring semester.)