Nebraska Wesleyan University

Physical Education (B.S.)

Catalog

2011-2012

Departments

1. Health and Human Performance

Physical Education Major (38-40 hours)

Courses	
Students select this major if they are seeking a Subject Endorsement in Physical Education for Grades K-6 or 7-12	
BIO 009 Human Anatomy and Physiology	4 hours
BIO 010 Human Anatomy and Physiology	4 hours
HHP 033 Fitness Swimming HHP 042 Swimming HHP 133 Lifeguard Training/Head Lifeguard	1-2 hours
HHP 034 Weight Training (7-12 endorsement only)	1 hour
HHP 106 Advanced Emergency Care	1 hour
HHP 131 Foundations	2 hours
HHP 135 Basic Instruction Block II - Dual/Individual Sports	2 hours
HHP 185 Motor Learning and Control	3 hours
HHP 211 Biomechanics and Kinesiology	4 hours
HHP 215 Physiology of Exercise	4 hours
HHP 250 Planning and Implementing Elementary Physical Education Programs (K-6)	3 hours
HHP 265 Planning and Implementing Adapted Physical Education Programs	3 hours
HHP 270 Curriculum and Assessment of Health and Physical Education Programs	3 hours
Senior Comprehensive:	**2 hrs.**
HHP 298 Capstone Seminar in Health and Human Performance (2 hrs.) and HHP 299 Senior Comprehensive Examination (0 hrs.)	

Admission into the Education Department and additional Education Departmental coursework is required. This major is designed to prepare students for the teaching profession in Physical Education. With the addition of approximately 37 hours of education requirements, the student will be eligible for a Nebraska Teaching Certificate.