Nebraska Wesleyan University

AT 160 Rehabilitation of Athletic Injuries

Catalog

2011-2012

Course Description

A course designed for those pursuing athletic trainer certification. This course involves learning fundamentals of evaluation and assessment of injuries inherent to athletics, as well as rehabilitation of these injuries. Also included is a study of injury mechanisms, treatment, and exercises.

One 1-hour lab per week.

Prerequisite(s): AT 105 Prevention and Care of Athletic Injuries, AT 106 Advanced Emergency Care, AT 140 Physical Exam of the Lower Extremity in Athletic Training, AT 141 Physical Exam of the Upper Extremity in Athletic Training and permission of instructor.

Course Hours

3 hours

Departments

1. Health and Human Performance