

**Course:**

**HHP 211 Biomechanics and Kinesiology**

**4 hours**

**Majors, Minors & Degrees:**

**Majors**

Athletic Training (B.S.)  
Exercise Science (B.S.)  
Health and Fitness Studies (B.S.)  
Health and Physical Education (B.S.)  
Physical Education (B.S.)

**Minors**

Exercise Science  
Health and Fitness Studies

**Departments/Programs:**

Health and Human Performance

A course that integrates the fields of Kinesiology and Biomechanics to improve students' understanding of human movement from a qualitative perspective. Detailed analysis of human movement will be made.

*Prerequisite(s): BIO 009 Human Anatomy and Physiology and junior standing.*

(Normally offered each spring semester.)