

HHP 211 Biomechanics and Kinesiology

4 hours

Majors, Minors & Degrees:

Majors

Athletic Training (B.S.)
Exercise Science (B.S.)
Health and Fitness Studies (B.S.)
Health and Physical Education (B.S.)
Physical Education (B.S.)

Minors

Exercise Science
Health and Fitness Studies

Departments/Programs:

Health and Human Performance

A course that integrates the fields of Kinesiology and Biomechanics to improve students' understanding of human movement from a qualitative perspective. Detailed analysis of human movement will be made.

Prerequisite(s): BIO-009 and junior standing.

(Normally offered each spring semester.)