

## HHP 211 Biomechanics and Kinesiology

4 hours

### Majors, Minors & Degrees:

#### Majors

Athletic Training (B.S.)  
Exercise Science (B.S.)  
Health and Fitness Studies (B.S.)  
Health and Physical Education (B.S.)  
Physical Education (B.S.)

#### Minors

Exercise Science  
Health and Fitness Studies

### Departments/Programs:

Health and Human Performance

A course that integrates the fields of Kinesiology and Biomechanics to improve students' understanding of human movement from a qualitative perspective. Detailed analysis of human movement will be made.

*Prerequisite(s): BIO-009 and junior standing.*

(Normally offered each spring semester.)