

**Course:**

**HHP 180 Cardiac Rehabilitation**

**2 hours**

**Majors, Minors & Degrees:**

**Majors**

Exercise Science (B.S.)

Health and Fitness Studies (B.S.)

**Minors**

Exercise Science

Health and Fitness Studies

**Departments/Programs:**

Health and Human Performance

A course designed to introduce students to clinical exercise. This course will involve learning basic cardiovascular physiology, the phases of cardiac rehabilitation, and appropriate exercise and testing procedures. Introduction to interpreting electrocardiograms and case-study analyses are also included.

*Prerequisite(s): BIO 009 Human Anatomy and Physiology and BIO 010 Human Anatomy and Physiology.*

(Normally offered each spring semester.)