

HHP 103 Understanding Human Sexuality

3 hours

Majors, Minors & Degrees:

Majors

Health and Fitness Studies (B.S.)
Health and Physical Education (B.S.)

Minors

Health and Fitness Studies

Departments/Programs:

Health and Human Performance

A course designed to develop and expand current information about human sexuality in a practical manner. The course will present facts and statistics about anatomy and physiology, gender, sexual orientation, reproduction, sexually transmitted infections, contraception, sexual growth and development, relationships and sexual communication, sexual health, commercialization of sex and sexual coercion.

Prerequisite(s): HHP-015.

(Normally offered each spring semester.)