## Nebraska Wesleyan University

Catalog 2020-2021

Minor:

## **Exercise Science**

## Departments/Programs: Health and Human Performance

## **Exercise Science Minor (17 hours)**

HHP 4810 Senior Research

• HHP 4250 Exercise Testing and Programming

Requirements	17 hours
HHP 2500 Basic Human Nutrition	2 hours
HHP 3850 Biomechanics	3 hours
HHP 4150 Physiology of Exercise	4 hours
7 credit hours from courses below:	7 hours
<ul> <li>HHP 1270 Advanced Emergency Care</li> <li>HHP 1910 Medical Terminology</li> <li>HHP-2650</li> <li>HHP-2660</li> <li>HHP 2720 Introduction to Massage Therapy</li> <li>HHP 2800 Clinical Exercise Physiology</li> <li>HHP 3100 Worksite Health Promotion</li> <li>HHP 3120 Motor Learning and Control</li> <li>HHP 4800 Research and Statistical Methods</li> </ul>	