Nebraska Wesleyan University

Catalog 2018-2019

Minor:

Exercise Science

Departments/Programs:

Health and Human Performance

Exercise Science Minor (17 hours)

| Requirements | 17 hours |
|---|----------|
| HHP 2500 Basic Human Nutrition | 2 hours |
| HHP 3850 Biomechanics | 3 hours |
| HHP 4150 Physiology of Exercise | 4 hours |
| 7 credit hours from courses below: | 7 hours |
| HHP 1270 Advanced Emergency CareHHP 1910 Medical Terminology | |

- HHP-2650
- HHP-2660
- HHP 2720 Introduction to Massage Therapy
- HHP 2800 Clinical Exercise Physiology
- HHP 3100 Worksite Health Promotion
- HHP 3120 Motor Learning and Control
- HHP-3800
- HHP-3810
- HHP 4250 Exercise Testing and Programming