Nebraska Wesleyan University

Catalog 2016-2017

Minor:

Exercise Science

Departments/Programs: Health and Human Performance

Exercise Science Minor (17 hours)

Requirements	17 hours
HHP 2500 Basic Human Nutrition	2 hours
HHP 3850 Biomechanics	3 hours
HHP 4150 Physiology of Exercise	4 hours
7 credit hours from courses below:	7 hours
 HHP 1270 Advanced Emergency Care HHP-2330 HHP-2650 HHP-2660 HHP 2720 Introduction to Massage Therapy HHP 2800 Clinical Exercise Physiology 	

- HHP 3120 Motor Learning and Control • HHP-3800
- HHP-3810
- HHP 4250 Exercise Testing and Programming

• HHP 3100 Worksite Health Promotion