

## AT 145 Therapeutic Modalities of Athletic Injuries

3 hours

Majors, Minors & Degrees:

**Majors**

Athletic Training (B.S.)

Departments/Programs:

Health and Human Performance

This course is designed to provide an overview of the theory, application, and knowledge necessary to provide modalities to the physically active population. The use of heat, cold, electrical, and mechanical treatments will be explored.

Includes one 1-hour lab per week.

*Prerequisite(s): AT-105, AT-106, AT-140, and permission of the instructor.*