## Nebraska Wesleyan University

Catalog 2011-2012

## HHP 042 Swimming

1 hours

Majors, Minors & Degrees:

Majors

Health and Physical Education (B.S.) Physical Education (B.S.)

## Departments/Programs:

Health and Human Performance

A course designed to teach the fundamental skills of water exploration, primary swimming skills, stroke readiness, and stroke development.

Pass/Fail only.